



STEP FLEX

www.stepflex.nz

SIZING KIT INSTRUCTIONS

Read instructions completely before starting.

- STEP 1:** Put paper towels or newspaper on hard flat surface (eg kitchen floor) to protect floor from ink damage.
- STEP 2:** Wipe a wet (not dripping) cloth (eg face washer) over one side of the brown cardboard to dampen it. It will darken.
- STEP 3:** Remove tissue then lay purple transfer paper **dark side down** on the wet impression board. Careful when handling the transfer/carbon paper as it is sensitive to moisture - make sure your hands are dry.
- STEP 4:** Stand with one foot on each side of the impression board. Place one foot straight down on the transfer paper, stand straight and count to 5. One foot on the impression board, one foot on the floor. Weight should be evenly distributed between both feet.
- STEP 5:** Gently lift foot straight up and away. Do not roll the foot off. Discard the used transfer paper.
- STEP 6:** Repeat for other foot.
- STEP 7:** If you mess up, turn the board over and have another go, using the same transfer paper.
- STEP 8 (post):** Allow boards to dry completely (at least one hour) then post them, with this information sheet, to: Step Flex, PO Box 19122, Auckland 1746.
- STEP 8 (email):** Scan to pdf in colour mode. Each image must include the entire board and some background. Do *not* crop the image. Attach the scanned images and this sheet to an email and send to: info@stepflex.nz Retain the boards until we have confirmed that the image received is OK. If using a camera, rather than a scanner, go to our website for more instructions to get a better image.

IMPORTANT NOTES

- ◆ CAREFUL: THE TRANSFER PAPER CAN STAIN
- ◆ DO NOT WET THE TRANSFER PAPER DIRECTLY
- ◆ SOME IMPRESSIONS MAY BE LIGHTER AND SOME DARKER - This does not affect the technical information required.

Name: _____
 Address: _____

 Phone(s): _____ Postcode _____
 Email: _____
 Shoe Size: _____ Date of Print _____
 Male or Female Age _____
 Conditions of note: _____



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Name: _____
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200 mm

SAMPLE

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SAMPLE